

Summary of Law Differences - Indoor and Outdoor Soccer

Field Size

Outdoor: Length: 90-120 m, Width: 45-90 m

Indoor: Length: 45-64 m, Width: 23-30 m

Hershey Centre: Length 50 m, Width: 25 m

Goal Area and Penalty Area

Outdoor: Separate goal and penalty areas (goal area is completely within penalty area).

Indoor: No goal area. Penalty area acts as goal area.

Goals

Outdoor: Width: 7.32 m, Height: 2.44 m

Indoor: Width: 3.5 m, Height: 2 m

Number of Players

Outdoor: Minimum: 7, Maximum: 11

Indoor: Minimum: 4, Maximum: 6

Substitutions

Outdoor:

Substitution at a stoppage in play.

Depending on competition, substitutions may require a particular type of stoppage (e.g. substituting team throw-in).

Depending on competition, there may be a maximum number of substitutions allowed.

Substitutions require referee approval.

Indoor:

Substitution "on the fly", except for goalkeeper which may only be substituted at a stoppage in play and requires referee approval.

Unlimited number of substitutions allowed.

Duration of the Game

Outdoor: Two halves of 35-45 minutes each (depending on competition)

Indoor: Two halves of 25 minutes each

Kick-Off

Outdoor:

The ball must be kicked forward into the opponents half of the field.

A goal may be scored directly from a kick-off

Indoor:

The ball may be kicked in any direction including backwards.

A kick-off is an indirect free kick (two players must touch the ball before a goal is allowed).

Offside

Outdoor: Offside rule is in effect.

Indoor: No offside offence.

Free Kick

Outdoor:

Some free kicks are indirect (two players must touch the ball before a goal is allowed).

Some free kicks are direct (a goal may be scored without touching a second player).

Opposing players must be 9.15 metres from the ball.

Indoor:

All free kicks are indirect (two players must touch the ball before a goal is allowed) except for a penalty kick.

Opposing players must be 5 metres from the ball.

Time Penalties

Outdoor: Do not exist.

Indoor:

A player committing any offence may be given a 2 minute time penalty.

A player who is cautioned shall serve a 2 minute time penalty.

A team, one of whose players has been sent off, shall serve a 5 minute time penalty.

Time penalties shall commence when the game is restarted.

Time penalties to goalkeepers may be served by another player who was on the field at the time of the offence.

2 minute time penalty shall be served until the time penalty expires.

5 minute time penalties shall be served until the time penalty expires.

When a player has been sent off another player on the same team shall serve the 5 minute time penalty.

If a team has two players serving time penalties and another player on the same team receives a time penalty, that player must go into the penalty box. The team must substitute players not serving time penalties to maintain the minimum number. The time penalty of the third player shall not commence until the time penalty of the first player has expired.

Throw-In

Outdoor: Throw-in rule is in effect.

Indoor: Kick-in used instead of throw-in. See below.

Kick-In

Outdoor: No kick-ins.

Indoor: Kick-in used instead of throw-in.

The free kick shall be taken from the point that the ball crossed the touch line.

Players of the team opposing that of the player taking the kick-in shall not approach within five metres of the ball until it is in play.

The kicker may not play the ball a second time until it has been touched or played by another player.

A goal may not be scored directly from a kick-in.